

BEST PRACTICES

1.Blood Donation

Objectives of the Practice:

1. To sensitize the need of donating blood to the needy in time
2. To instil the feeling of helping others to breathe life with their precious donation
3. To motivate all students to take a pledge to donate blood at least once in a year
4. To impart to them the value of blood donation
5. To aware of the scientific information about the blood group

Context:

The NSS wing of the Yadava College organizes the Blood Donation Camp on 08-10-2015 in collaboration with Rajaji Government Hospital and on 10-02-2016 in collaboration with Meenakshi Mission Hospital, Madurai. The College provides all facilities like space, furniture, Blood group testing rooms, blood donating room with good hygiene and sanitation as per the medical standard. The camp is inaugurated with a motivating session by the subject experts to make the students understanding the importance of this best practice.

Practice:

Prior to donation, the donor Students will be screened to identify their quality of blood to be collected. The underweight and the infected persons will not be allowed to provide donations as the medical advice. Donors will be informed that by each donation their blood cells will be rejuvenated and hence youthfulness in the blood will be present on every occasion. Donors will be provided with scientific information regarding the blood group and its associated diseases.

Evidence of Success:

- The donor Students will get free health check-ups in identifying the pulse rate, Blood pressure, Body temperature, and Hemoglobin level.
- The donor will be informed of their blood group.
- The donor students are given a certificate of appreciation.
- The sick students will get proper medical advice from the health personnel's.

Problems Encountered:

Students hailed from the villages and poor backgrounds are found to be ignorant of their health status.

Students are much phobic to needles and blood testing.

Some students are underweight and anaemic due to malnutrition and undernourishment.

Solutions Provided:

The weak students are identified and advised to take the medicines for their illness.

Plan to create a database of the blood donors

- A viable database comprising of the blood groups of the alumni will be created and maintained.
- Any recipient can approach the college to get the donors number
- Thus the college connects to the society!

2.Green Card System!

The Green card is the report card informing the student's achievements in the curricular activities. It also reflects the student's attendance in the college. Being the first mentor of the student, the parent is given a chance to get interacted with the teacher who monitors the progress of his ward. Thus parents are also given responsibility and accountability to have a thorough check their ward participation in the college activities. This card activates the parents to check their son or daughter's energetic role in the academic programs. Based on the available report on the particular student, the parent is advised to encourage their ward to take up either remedial or enrichment programme offered at the college. This also facilitates the smooth mentoring of the student to attain their objective in college study.

Objectives of the Practice:

1. To build-up a holistic development through healthy discussions between parents and teachers.
2. To identify the best in the student as well as to point out the areas to be improved further.

3. To provide suggestions to the parents either to enrich the best or encourage to arrange some remediation to overcome the weakness in the subject.
4. To generate a feeling that the daily activities in the college is recorded and informed to the parent.
5. To instil a concrete decision that no class should be missed
6. To generate a good climate of academic freedom, exchange, and participation in the campus.

Context:

A green card is given at the time of the reopening date of the first-year classes to all students. The card indicates the details of a personal, parent, contact address, accommodation either at a hostel or from home, local guardian and the mode of transport to the college. The card displays the status of attendance, internal and summative exam marks in each subject that appeared in the particular semester. Hence overall information is available on the card. A mentor who is incharge of the students maintains the cards and ensures that the entries are regularly updated.

Practice:

Towards the end of every semester Parent –teacher meeting is held on the day earmarked for this purpose in the college calendar. Parent-teacher meeting is conducted once forthe odd semester in the month of November (06-11-2015) and even semester in the month of April (13-04-2016) of every academic year.The intimation of the meeting to the parent is sent promptly. The computerized sheet with the detailed analysis is given to the parents with necessary suggestions for better performance of their wards in future. Nevertheless, this meet is made mandatory to get the hall ticket of the respective semester exam. Through this meeting, parents will get first-hand information about their ward's progress in academics as well as their discipline in attending the class and other activities of the department.

Evidence of Success:

Parent-teacher meeting is the best platform for the free exchange about the students' progress in academic activities. The data is presented in the meeting will be an eye-opener for the parent to check their ward in the right way. This meeting has created a good result in the student's attendance percentage as well as an improvement in the passing percentage of the students. The innovative suggestions proposed by the parent during this meet will be taken for implementation

then and there. This practice draws the full-fledged support, collaboration, and participation of the parent in the academic management of the college.

Problem Encountered:

Parents initially hesitate to attend the meet as most of them are illiterate living below the poverty line drawn from the most backward rural areas. On attending, they have understood the importance and now a cent percent participation from the parent side is achieved.

Solutions practiced:

Good educational counselling is arranged for the educationally backward students and their parents. This advice helps them to guide their ward to achieve good results in academic programmes.

3. Providing Hygienic Food at the Concessional Rate in the College Hostels

Objectives:

1. To lead the hostel life in an economic way
2. To impart the culture of cooperation in running the hostel mess.
3. To build up a cooperation among the students in savings and thus prevent the wastage of money in purchase.
4. To train them to get good quality products at the low cost
5. To offer the students the best hygienic food at the minimum cost.
6. To make their parents feel less burden on hostel mess payment.

The context:

The college has hostels both for boys and girls separately. The inmates are mostly from the most backward rural family living below the poverty line. The student run mess is the best practice provided by the college to lessen the burden of the poor parents to pay the mess bill of their respective students.

The students are given leadership quality to run the hostel effectively as well as economically. They are given responsibility to purchase the needed items qualitatively at the low cost in the market. Also the student supervisor is given responsibility to prevent the wastage in preparation and in consumption. Students are fully satisfied to get the hygienic food at the cheaper rate in the hostel. This helps the student leaders and participants to get trained up to lead an economic life as and when they leave the campus.

The Practice:

The hostel mess committee chaired by the Principal and assisted by Wardens and Students Representatives work in unison to bring the desired result in the hostel for the past two decades. Right from the purchase, the committee is looking after the well output of hygienic product from the kitchen. Even the water quality is also then and there checked and good compatible water is provided to the hostel inmates. The dividing basis of the expenses met out in the hostel will provide ample training to the inmates to lead a perfect economic life in their future. Inspecting the bills of purchase daily, registering the same in the ledger will be carried by the student representatives in the perfect manner and hence there is no leakage of money at any point of operation.

Evidence of success:

With the continuous support and an effective participation of the students, the institution is able to provide hygienic food at the concessional cost of Rate ₹ 39.47 - ₹ 44.95 per day in the girl's hostel and ₹ 55 - ₹ 66 per day in the Boys hostel for the duration of June 2015 to April 2016.

The objective set by the Mess committee is meticulously achieved. The real beneficiaries are the students and their parents. This is quite visible from the face of the inmates and their parents.

2015 - 2016									
June		July		Aug		Sep		Oct	
B	G	B	G	B	G	B	G	B	G
55.44	44.31	55.44	44.31	52	42.97	56.44	44.64	56.41	39.47

2015 - 2016											
Nov		Dec		Jan		Feb		Mar		Apr	
B	G	B	G	B	G	B	G	B	G	B	G
55.44	44.31	55.44	44.31	52	42.97	56.44	44.64	56.41	39.47	55.49	44.82

Problems encountered:

Due to the severe economic crisis of the parents it is understood that many are struggling to remit even the low cost bill itself.

4. Women Empowerment Cell:

Objectives:

- To identify women with strong leadership qualities and to build their capacity.
- To promote a culture of respect and equality for the female gender.
- To provide opportunities and programs for the female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- To make them aware of the guidelines of the Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behaviour within the Institution and the society.
- To get interacted with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- To conduct seminars and workshops to spread information on the numerous opportunities and tools available and train women accordingly.
- To help the self-help group women to get financial support by identifying the sources.

The Context:

The women cell is actively functioning under the leadership of the Principal assisted by a Coordinator, team of vibrant women staff members, and student representatives. The College at present has girl's strength of 50% of the total number of students. Interestingly major chunk of the girl's population is hailed from a rural background. Hence the activities performed through the cell provide ample support for these girls to get enough strength in their professional and family life. The womenfolk of 20 villages are getting much awareness to lead a healthy and happy life through the members of the cell.

The Practice:

The Women Cell of the College is organizing many programmes with true spirit and dedication. Events related to achieving the objectives of the cell are normally hosted on the campus or in the adopted villages. The celebration of International Women's day is a regular feature of the college. Eminent women achievers and leaders are normally invited to address the girls. On this day, several motivating programmes will be organized for the girls to display their talents. Oral, written, artistic, stage performing activities visualizing the current scenario related to the women folk will be the highlight of the programme. One such event was hosted on 2 March 2016 at our

campus with the special address of the Eminent Educationist Dr. SuganthaRamamoorthy, Deputy Director, Centre for women studies,

Associate Professor, Department of Economics, Lady Doak College, Madurai. Suitable prizes and recognitions are awarded to the winners of the competition.

Evidence of success:

Our campus is now a girl-friendly campus. Boys are respecting the sentiments of the girls in the proper way. No grievances regarding the ragging are registered on the campus for the past decade. The cell programmes make the girls get enough confidence and strength to take part in extracurricular programmes particularly in sports and cultural activities. Also, the communication skill has been enlightened with a spirit of taking preparation for the competitive examinations. Girls Interaction with the teachers on subject matters is normally found in all classes. Their readiness to volunteer the society benefitted programme is an admirable one.

Problems encountered and Resources required:

Since most of the girls are coming from remote villages, the institution has to struggle to conduct meeting after college hours and on holidays.