

## **BEST PRACTICES – 2018-2019**

### **1. Providing Hygienic Food at the Concessional Rate in the College Hostels**

#### **Objectives:**

1. To lead the hostel life in an economic way
2. To impart the culture of cooperation in running the hostel mess.
3. To build up a cooperation among the students in savings and thus prevent the wastage of money in purchase.
4. To train them to get good quality products at the low cost
5. To offer the students the best hygienic food at the minimum cost.
6. To make their parents feel less burden on hostel mess payment.

#### **The context:**

The college has hostels both for boys and girls separately. The inmates are mostly from the most backward rural family living below the poverty line. The student run mess is the best practice provided by the college to lessen the burden of the poor parents to pay the mess bill of their respective students.

The students are given leadership quality to run the hostel effectively as well as economically. They are given responsibility to purchase the needed items qualitatively at the low cost in the market. Also the student supervisor is given responsibility to prevent the wastage in preparation and in consumption. Students are fully satisfied to get the hygienic food at the cheaper rate in the hostel. This helps the student leaders and participants to get trained up to lead an economic life as and when they leave the campus.

#### **The Practice:**

The hostel mess committee chaired by the Principal, assisted by Sub-Wardens and Students representatives work in unison to bring the desired result in the hostel for the past two decades. Right from the purchase, the committee is looking after the well output of hygienic products from the kitchen. Even the water quality is also then and there checked and good compatible water is provided to the hostel inmates. The dividing basis of the expenses met out in the hostel will provide ample training to the inmates to lead a perfect economic life in their future. Inspecting the bills of purchase daily, registering the same in the ledger will be carried by the student representatives in the perfect manner and hence there is no leakage of money at any point of operation.

**Evidence of success:**

With the continuous support and an effective participation of the students, the institution is able to provide hygienic food at the concessional cost of Rate ₹ 42.01 - ₹ 50.13 per day in the Girls' hostel and ₹ 43.36 - ₹ 62 per day in the Boys' hostel for the duration of June 2018 to April 2019. The objective set by the Mess committee is meticulously achieved. The real beneficiaries are the students and their parents. This is quite visible from the face of the inmates and their parents.

2018 – 2019									
June		July		Aug		Sep		Oct	
B	G	B	G	B	G	B	G	B	G
62	50.13	62	50.13	54.92	46.95	51.43	42.01	52.93	46.52

2018– 2019											
Nov		Dec		Jan		Feb		Mar		Apr	
B	G	B	G	B	G	B	G	B	G	B	G
--	--	54.87	42.55	56.03	46.52	56.24	44.52	52.60	46	43.36	43.07

**Problems encountered:**

Due to the severe economic crisis of the low income parents it is understood that many are struggling to remit even the low cost bill itself.

**2. Women Empowerment Cell:****Objectives:**

1. To identify women with strong leadership qualities and to build their capacity.
2. To promote a culture of respect and equality for the female gender.
3. To provide opportunities and programs for the female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.

4. To make them aware of the guidelines of the Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behaviour within the Institution and the society.
5. To get interacted with rural and urban women who lack formal education and identify projects suitable for upgradation using technology.
6. To conduct seminars and workshops to spread information on the numerous opportunities and tools available and train women accordingly.
7. To help the self-help group women to get financial support by identifying the sources.

**The Context:**

The women cell is actively functioning under the leadership of the Principal assisted by a Coordinator, team of vibrant women staff members and student representatives. The College at present has girls' strength of 50% of the total number of students. Interestingly major chunk of the girl's population is hailed from a rural background. Hence the activities performed through the cell provide ample support for these girls to get enough strength in their professional and family life. The womenfolk of 20 villages are getting much awareness to lead a healthy and happy life through the members of the cell.

**The Practice:**

The Women Cell of the College is organizing many programmes with true spirit and dedication. Events related to achieving the objectives of the cell are normally hosted on the campus or in the adopted villages. The celebration of International Women's day is a regular feature of the college. Eminent women achievers and leaders are normally invited to address the girls. On this day, several motivating programmes will be organized for the girls to display their talents. Oral, written, artistic, stage performing activities visualizing the current scenario related to the women folk will be the highlight of the programme. One such event was hosted on 8<sup>th</sup> March 2019 at our campus with the special address of the Eminent Educationist Dr.YAZH. S. CHANDRA, Associate Professor of Tamil, Department of Tamil, Shri Meenakshi Government College, Madurai. Suitable prizes and recognitions are awarded to the winners of the competition.

**Evidence of success:**

Our campus is now a girl-friendly campus. Boys are respecting the sentiments of the girls in the proper way. No grievances regarding the ragging are registered on the campus for the past decade. The cell programmes make the girls get enough confidence and strength to take part in extracurricular programmes particularly in sports and cultural activities. Also, the communication skill has been enlightened with a spirit of taking preparation for the competitive examinations. Girls interaction with the teachers on subject matters is normally found in all classes. Their readiness to volunteer the society benefitted programme is an admirable one.

**Problems encountered and Resources required:**

Since most of the girls are coming from remote villages, the institution has to struggle to conduct meeting after college hours and on holidays.